



PARKLAND SECONDARY SCHOOL

An Innovative, Inspiring, Inclusive Learning Community



March 3 - 7, 2025

TIMELY!! *(all new)*

- **Lockdown** - We will be having our annual Lockdown Drill on Wednesday, March 5 @ 1pm. The drill should take approximately 15 - 20 minutes.
- **Panther Cup** - The 14th Annual Panther Cup Hockey Game is scheduled for Friday, March 7 @ 1pm. There is an adjusted bell schedule. Block 4 ends at 12:30pm and students will have 3 options:
 1. Board the school bus and go to Panorama to watch the game. [Click here for permission form.](#) Students going to Panorama will need to arrange their own transportation home from the arena.
 2. Go to the library to access extra academic support
 3. Leave school and head home.

Note: that all regular after school buses will be running as per normal.
- **Course Selection Forms Due!** - Selection forms for next year's courses are due by Friday, March 7.
 - **IB Applications Due - March 14th** - Grade 11 and 12 students planning on attending post-secondary school should seriously consider taking an IB course or two to help prepare them for the transition to university. See Mrs. Blackwell at the front office for a form.
- **Yearbook Orders Due!** - Orders for this year's yearbook need to be in by March 14. Don't be disappointed in June.

GRAD

- ***(new)*** - **Grad Gear** - Your last chance to order 2025 Grad Gear!!! [Click here](#) to place your order.
- ***(new)*** - **Criminal Justice Diploma program Camosun College** - If you are interested in the Criminal Justice Diploma program, there will be an in-person information session held on March 5, 2025, from 2:30 PM to 4:30 PM in the Wilna Thomas Building (2nd floor) at Lansdowne Campus. This session is a great opportunity for students to learn more about the Criminal Justice program, connect with agency representatives, and explore potential career paths.
- **Reminder - Grad Baby Photos** - Grads, don't forget to upload your baby photos for the Yearbook! [Click here to upload.](#) If you are unable to upload the pictures, please send them to gblackwell@saanichschools.ca

PARKLAND COMMUNITY

ATHLETICS

- **(new)** - **Track and Field** - Do you love to Run, Jump or Throw? Want to be part of a fun energetic team? The Track and Field team is for you!! Come to a meeting at lunch on Monday March 3rd to find out more information. The Season starts on April 2nd so start running around the beautiful new track!!
- [Click here](#) for the Athletics Calendar.

CAREER CENTRE

- **(new)** - **HMC Nanaimo** - On April 29 the HMC Nanaimo is offering a day at sea. Students will learn about life at sea in the Royal Canadian Navy (RCN), including a tour of the ship, demonstrations of shipboard activities and they will learn about RCN occupations.
- **(new)** - **Beacon Community Services and WorkBC** - are holding a Job Fair on March 12 from 2-5pm at Mary Winspear Centre. Here is a link for the job info: <https://www.exploresidney.ca/expo-2/>
- **(new)** - **Buddies Toys** are looking for students to hire!!! You can email Lauren Powell at lauren@buddiestoys.ca or go into the store and give her your resume.
- **(new)** - **DND** - will be at Parkland on March 10 to speak to students who may be interested in a Summer Youth Apprenticeship in Trades.
- **(new)** - **Celebration Sidney** is coming to Parkland on March 5 to look for Volunteers for their Easter festivities.
- **(new)** - **Bazan Bay 5km Run** - is looking for 10 students to help at the Bazan Bay 5k Road Race. Students who need volunteer hours may be interested in this opportunity. Race date is Sunday April 13th at Mary Winspear Hall and it starts at 11am. Volunteers needed at 10am, probably for 3-4 hours.
- **Job Opportunities:**

Check out the job board outside the Career Centre or visit the [CareerEd website](#).

Jobs are updated weekly.

COUNSELLING DEPARTMENT

(new) - Here is what FamilySmart has to offer for March:

- **Explosive Behaviour in Teens: Strategies To Empower Families:** When our teens are showing up in explosive ways, we sometimes blame ourselves. Listen to a therapist explain some causes of explosive behaviour and strategies that support parents and teens. (Online Events)

Dates & Times:

March 4, 5, 6, 11, & 25th 6:30 pm - 8:00pm

March 12, 12:00 pm - 1:30 pm

Watch Now: <https://youtu.be/USkd1QleNdc?si=GF4rJik-GH0ljYIb>

RSVP: <https://familysmart.ca/monthly-events/>

- **Help For the Hard Times Workshop** - for parents and caregivers whose children have been at the **ER** or **have had a hospital stay** for mental health or substance use issues.

Details for 1-hour Workshops:

Session 1: How to support a safety plan at home (Part 1)

Session 2: How to support a safety plan at home (Part 2)

Session 3: How to take care of yourself and your family after a crisis

Session 4: How to find the resources you need

Dates: Offered every month at various times

Cost: Free of Charge

For more information and registration please visit: www.familysmart.ca/workshops

- **Looking for a previous resource?** Click [here](#).

IMPORTANT DATES

- March 7 - Course Selection Forms Due
- March 7 - Panther Cup
- March 14 - Yearbook orders - last day
- March 17 - 28, 2025 - Spring Break
- March 31 - Classes resume
- April 4 - Grad Breakfast and Assembly
- April 11 - Non-Instructional Day
- April 14 - Term 4 starts
- April 17 - Learning Updates available after 4pm
- April 18 - 21 - Easter Break
- April 22 - Classes resume
- April 24 - Early Dismissal - students are dismissed at 2pm
- April 24 - Parent/Teacher Interviews 5pm - 7pm (by appointment via PickATime, only)
- April 25 - Grad packages and forms due