



PARKLAND SECONDARY SCHOOL

*An Innovative, Inspiring, Inclusive Learning Community*



**December 20th, 2024**

*Wishing all our students and their  
families a safe and happy  
holiday season.*

*We shall see you in the new year!*

## GRAD

- **The Magic Wand Project** - [The Magic Wand Project](#) can minimize students' expenses for grad night clothing. This successful program offers students the option to borrow rather than buy.

## PARKLAND COMMUNITY

### ATHLETICS

- [Click here](#) for the Athletics Calendar.

## CAREER CENTRE

- **(new) Camosun Recruitment and Admission:** Thinking of applying to Camosun? Check out the Recruitment and Admissions Newsletter for information on programs, tours, info sessions and more! [Read the newsletter here.](#)
- **Day Shadow at Engineering Firm** - The Team at Gwaii Engineering Ltd. (Gwaii) is excited to invite high school students from School District 63 to participate in a day of job shadowing at Gwaii's office in Victoria, BC. We are passionate about increasing the diversity of the engineering workforce, particularly those who identify as: Indigenous, women, LGBTQ2S+, POC, people with disabilities, and others. This will be a day-long job shadow from 8:30am – 4:30pm, offering the opportunity to see what it's like to be an engineer/scientist working for an Indigenous-owned civil and environmental engineering company. The student will be exposed to a diversity of roles around the office, working with four different people throughout the day. We've attached our company brochure for more information on our recent projects, list of services, and staff. **See Ms Mac if interested!**
- **Job Opportunities:**  
Check out the job board outside the Career Centre or visit the [CareerEd website](#).  
Jobs are updated weekly.

## COUNSELLING DEPARTMENT

- **Family Smart** offers parent peer support, online resources, workshops and training for parents to support youth mental health.  
<https://familysmart.ca/>  
Every month, we host online events for parents & caregivers who are parenting a child or youth with a mental health and/or substance use challenge called "in the know." We watch a video and share experiences and strategies that help in the hard moments and focus on strengthening our understanding and connection with our kids.

## COUNSELLING DEPARTMENT (cont)

- The SD 63 Mental Wellness Hub contains mental health resources for parents, students and staff. For parents, there is information about videos, courses and workshops as well as crisis contact numbers. There is also a student wellness hub with information on substance use, sexual health, mental health, apps for well-being, crisis lines and youth clinics.

<https://sites.google.com/sd63.bc.ca/comprehensive-school-health/home>

## FASHION THRIFT DRIVE & SALE

- **(new)** - **Are you tired of wearing the same clothes every day?** - Do your fits not hit anymore? Is thrifting your one true love? Join us on January 22nd in the gym for a Parkland Thrift Sale! From now to January 15, we will be accepting clothing donations in the main foyer. One person's trash is another's treasure, so bring your old clothes to earn VIP Credits so you can thrift clothes for even cheaper! The event will have clothing upcycling booths, snacks, and more! All proceeds will go to Fashion Revolution, a not-for-profit organization campaigning for sustainable fashion. We look forward to seeing you there!

## MARINE BIOLOGY TRIP

- **Bamfield Marine Biology trip** - On Feb 4-7th 2025, we can take a small group of Parkland students to the Bamfield Marine Science Centre to experience what it's like to be a real marine biologist! Please see Ms. Stinson for more detailed information before the Christmas break. <https://bamfieldmsc.com/>

## MATH CONTESTS

- **Sign Up for Math Contests** - There is still lots of time to sign up for this year's math contests! Please tell Mr. Burnham if you want to write one. You can find him in his classroom, Room 103, or email him at [dburnham@saanichschools.ca](mailto:dburnham@saanichschools.ca) with your name and which grade you are in. Grade 9-11 contests take place on February 26th and the Grade 12 contest on April 2nd.

## PARKLAND SPIRIT WEAR

- Email your order to Mrs. Bennett, [cbennett@saanichschools.ca](mailto:cbennett@saanichschools.ca) then [pay online](#) - pick up at the end of the day at the front office.

## Parkland Panthers Swag



Hoodies - \$35



Pants - \$20  
(limited sizes)



Socks - \$10