

PARKLAND SECONDARY SCHOOL



An Innovative, Inspiring, Inclusive Learning Community

December 9 - December 13

TIMELY! (new)

- **Seasonal School Spirit** Leadership students have started organizing some festive fun events, including:
 - Dec. 6 Festive Hat Friday
 - o Dec. 12 Cookie Decorating Contest
 - o Dec. 13 Ugly Sweater Day and Door Decorating Contest
 - o Dec. 17 Pictures with Santa
 - o Dec. 18 Candy GramsDec. 20 Staff Show and PJ Day

Grad Winter Formal

















GRAD

• **The Magic Wand Project** - <u>The Magic Wand Project</u> can minimize students' expenses for grad night clothing. This successful program offers students the option to borrow rather than buy.

PARKLAND COMMUNITY

ATHLETICS

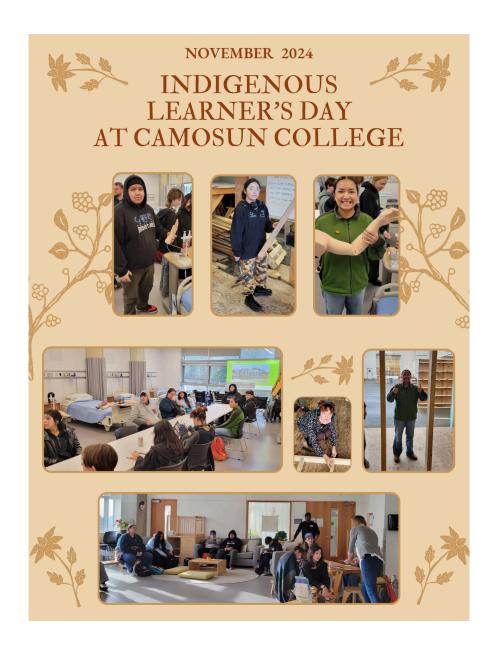
• <u>Click here</u> for the Athletics Calendar.

CAREER CENTRE

- Job Opportunities:
 Check out the job board outside the Career Centre or visit the <u>CareerEd website</u>.

 Jobs are updated weekly.
- Career Week:





COUNSELLING DEPARTMENT

• (new) - Family Smart offers parent peer support, online resources, workshops and training for parents to support youth mental health.

https://familysmart.ca/

Every month, we host online events for parents & caregivers who are parenting a child or youth with a mental health and/or substance use challenge called "in the know." We watch a video and share experiences and strategies that help in the hard moments and focus on strengthening our understanding and connection with our kids.

- December Parent Education focuses on Experimenting with Substance :
- Now What? A beginning conversation for families when our kids begin experimenting with substances.
- o Times and Dates:
- Tuesday December 10th 6:30 pm 8:00pm
- Wednesday December 11th 6:30 pm 8:00 pm
- Register: https://familysmart.ca/monthly-events/

COUNSELLING DEPARTMENT (cont)

The SD 63 Mental Wellness Hub contains mental health resources for parents, students and staff. For
parents, there is information about videos, courses and workshops as well as crisis contact numbers. There
is also a student wellness hub with information on substance use, sexual health, mental health, apps for
well-being, crisis lines and youth clinics.

https://sites.google.com/sd63.bc.ca/comprehensive-school-health/home

IMMUNIZATIONS - GRADE 9

• (new) - Grade 9 Immunization - Please remember to return the immunization forms to the office by Dec. 11th.

MATH CONTESTS

• (new) - Sign Up for Math Contests - There is still lots of time to sign up for this year's math contests! Please tell Mr. Burnham if you want to write one. You can find him in his classroom, Room 103, or email him at dburnham@saanichschools.ca with your name and which grade you are in. Grade 9-11 contests take place on February 26th and the Grade 12 contest on April 2nd.

PARKLAND SPIRIT WEAR

• Email your order to Mrs. Bennett, <u>cbennett@saanichschools.ca</u> then <u>pay online</u> - pick up at the end of the day at the front office.

PEER TUTORING

• **Peer tutoring** - is starting next week on Wednesday at lunch. Tutors are available for all academic subjects in grade 9 and 10, plus math, science and French in grade 11 and 12. Drop in to the computer lab, room 202, on Wednesdays at lunch or contact Ms. Anderson to request a tutor.

WINTER CONCERT

Cancelled

IMPORTANT DATES - at a Glance

- Dec. 16 PAC Meeting 7pm
- Dec. 23 Jan 3 Winter Break
- Jan. 6 First day back after winter break