



PARKLAND SECONDARY SCHOOL

An Innovative, Inspiring, Inclusive Learning Community



Jan 19 - Jan 23, 2026

NEW: Parkland Rugby 7s ! We're looking for players to join the Parkland Rugby Sevens teams. We'll be putting together junior/senior boys and girls teams - everyone is welcome! No experience necessary. To find out more please join us for a short meeting at lunch on Tuesday, **January 20th** in the Foods room. Questions? See Ms. Benson in the counselling area.

NEW: IB January Meeting and Pizza! This is an important meeting for IB students with information about Semester 2 deadlines, managing stress and time management during IA and exam season, the announcement of a new IB award.....and pizza. :)

Grade 11s: Tuesday **January 27th**. Pizza: 12:00-12:30 in Mr. Wong's room. Meeting: 12:30-1:30 in the library.

Grade 12s: Thursday **January 29th**. Pizza: 12:00-12:30 in Mr. Wong's room. Meeting: 12:30-1:30 in the library.

Parkland IB Information Night: Interested in learning more about the International Baccalaureate (IB) Program at Parkland Secondary? Join us on **January 22 at 7:00 PM** in the Parkland library for an overview of the program and the many benefits it offers students.

You'll hear how IB encourages curiosity, critical thinking, and global awareness, and how the program helps students build strong academic and personal skills. This is a great chance to meet staff, ask questions, and see what makes Parkland's IB Program a supportive and enriching option for motivated learners.

A slideshow will be linked to the Parkland website with all pertinent information if you're unable to attend.

NEW: Grad Photo Retakes!

- **Date: Feb 14-15**
- **Location: Stelly's Secondary School**
- **Deposit: \$60**

Booking Link: <https://artona.com/schools/PRKL>

CHICAGO! Tickets have been going fast for this incredible production. Come see Mrs. Bennett in the office (Mon - Fri) or you may email her at: cbennett@saanichschools.ca Please see the seating map at the end of the newsletter.

If you have already ordered your tickets please make your payment online and have your student come by the office to pick them up.

Showtimes are: **Feb 4th** (Wed), **Feb 5th** (Thurs), **Feb 6th** (Fri) at 7:00pm and **Feb 7th** (Sat) shows are at 1pm and 6pm. Tickets are \$18 for adults and \$14 for students. The Saturday matinee tickets are all \$14.

Panorama Recreation's pleased to offer **drop-in badminton** Mondays 7:30-9:30pm and **squash** Wednesdays from 4-5pm!

- **Badminton** (12yrs+) - Mondays, 7:30-9:30pm, at North Saanich Middle School. Regular Panorama admission rates apply. Active Passes accepted. Book your spot online via [this link](#). Nets and birds provided. Players should bring a racquet (though a few are available for borrow).
- **Squash** (12-18yrs) - Wednesdays, 4-5pm, at Panorama Recreation Centre. **FREE**. Reserve your spot online via [this link](#) - or drop-in, space permitting. All equipment provided.

Questions? Please contact Reception - (250) 656-7271 ; info@panoramarec.bc.ca

ATHLETICS

Click [HERE](#) for the Athletics calendar.

CAREER CENTRE

Have an entrepreneurial spirit? Kidovate Victoria 2026 will be held Saturday, **April 11th** at The Victoria Bay Centre! Registered middle school and high school youth receive access to a free table at the market where they can sell goods or services that they make, re-purpose, or re-sell. [Click to learn more and register.](#)

Jobs

Looking for a job? Check out the job posting board by the blue tables or visit:

<https://saanichschools.ca/career-education/> (FYI: website under construction. Scroll down to view jobs)

COUNSELLING

Counselling Resources - Click [here](#) for the full list of resources from previous weeks.

NEW: Grade 12s there is a post secondary and scholarship meeting Monday, **January 19th**, at lunch in the learning Commons. Many post-secondary deadlines are coming up this month, so please see Ms. Anderson if you need help with your application.

Erase Family Session:

Establishing Safe, Caring & Respectful Digital Communities - Jan 21 from 6:30 to 7:30. Click to register: [erase Family Sessions](#)

Post-secondary/Scholarships

From UVic:

January 14 & 26

[Parent Night \(virtual\)](#) is our popular webinar where parents learn valuable, research-backed advice to help their students successfully transition and thrive in university life. We will also cover admission requirements, scholarships, application deadlines and more. Students are welcome to join!

Here are some information sessions happening this month for **Camosun's programs**. Use [this link](#) to register.

School of Business

January 20, 6-7:30pm, Interurban, Centre for Business and Access, Room 219

Admissions & Financial Aid

January 22, 6-7pm, | Online via Zoom

Diagnostic Medical Sonography

January 26, 6:30-8pm, Online via Teams

Certified Medical Laboratory Assistant

February 10, 6-7:30pm, Online via Zoom

School of Business

February 24, 6-7:30pm, Interurban, Centre for Business and Access, Room 219

NEW:

Post-secondary and scholarships:

The UBC Commerce Advocate Program (CAP) is excited to invite your students to participate in our upcoming UBC Sauder CAP Case Competition, an immersive, full-day business case competition hosted at UBC's Sauder School of Business. Please note that this is an in-person event.

Event Overview:

Date: Saturday, **January 31st**, 2026

Time: 9:30 AM – 5:30 PM

Location: Room 098 (Basement Floor), Henry Angus Building, UBC

Who: Open to high school students interested in business, problem-solving, and exploring post-secondary opportunities in commerce.

About the Event:

The CAP Case Competition gives students a hands-on opportunity to experience what business education at the university level looks like. Participants will work in teams to analyze a real-world business case, develop strategic solutions, and present their ideas to judges.

Throughout the day, students will:

- Analyze and solve a business case under time constraints
- Develop presentation and teamwork skills
- Present to judges and receive real-time feedback
- Network with UBC Sauder student volunteers
- Hear from an inspiring guest speaker
- Compete for awards in the final round

How to Register:

Students can sign up using this link: <https://tr.ee/sdEp1B1jBr>

You can also find the registration link on our Instagram: @ubcsaudercap

Lunch will be provided for all participants.

NEW: Family Smart

Each month brings new opportunities to learn and connect with other families. We would love for you to join us for one of our free online or in-person events and be part of the conversations that remind us we're not alone in this journey. Take a look at what's coming up. We hope to see you there.

Topics for January:

[Connecting with Our Kinds When Anxiety Leads to Social Isolation](#) - online Tues, Jan 20 6:30 to 8:00

[Supporting Safety at Home When Your Child Has a Mental Health Crisis](#) - online Thurs, Jan 22 6:30 to 8:00

NEW: Crisis Lines - Anybody can call these to get support (including if you want advice on how to support).

Those listed below are all available 24/7:

Canada Crisis Helpline 988 (call or text)

Crisis Line of Vancouver Island 1-888-494-3888 (call), 250-800-3806 (text)

Kuu-uus Indigenous BC wide Crisis Line 1-800-588-8717 (1-800-KUU-US-17)

Métis Crisis Line 1-833-METIS-BC

Mental Health Support and Information Line 310-6789

Kids Help Phone 1-800-668-6868

GENERAL REMINDERS:

Lost and found - There are a number of **valuable** items in the office lost and found to be picked up (headphones, earbuds, glasses, bank cards, jewelry, electronics etc). If you are missing any clothing, water bottles or lunch items, please check the lost and found next to the recycling area in the foyer.

Student Parking - Just a reminder that if you are using the student parking lot that you **must** have a student parking form filled out in the office. Students are required to park in the **student lot only** (in the tennis court lot ONLY - not in the numbered staff spaces). If you have changed vehicles, please update your student form in the office.

Spirit Wear - We have Parkland hoodies (\$30), t-shirts (\$15) and socks (\$10) available for purchase in the front office (Tues - Fri). You may also send Mrs. Bennett an email to place an order: cbennett@saanichschools.ca and the fee may be added to your student account fees, or paid in person (Tues - Fri).

Cafeteria: Menu is posted weekly on the bulletin board outside the office.

Student Absences: If your student will be absent from school for any period of time, please inform the school by leaving a message on our Absence Line (250) 655 2700 (option 1) or by sending an email to:

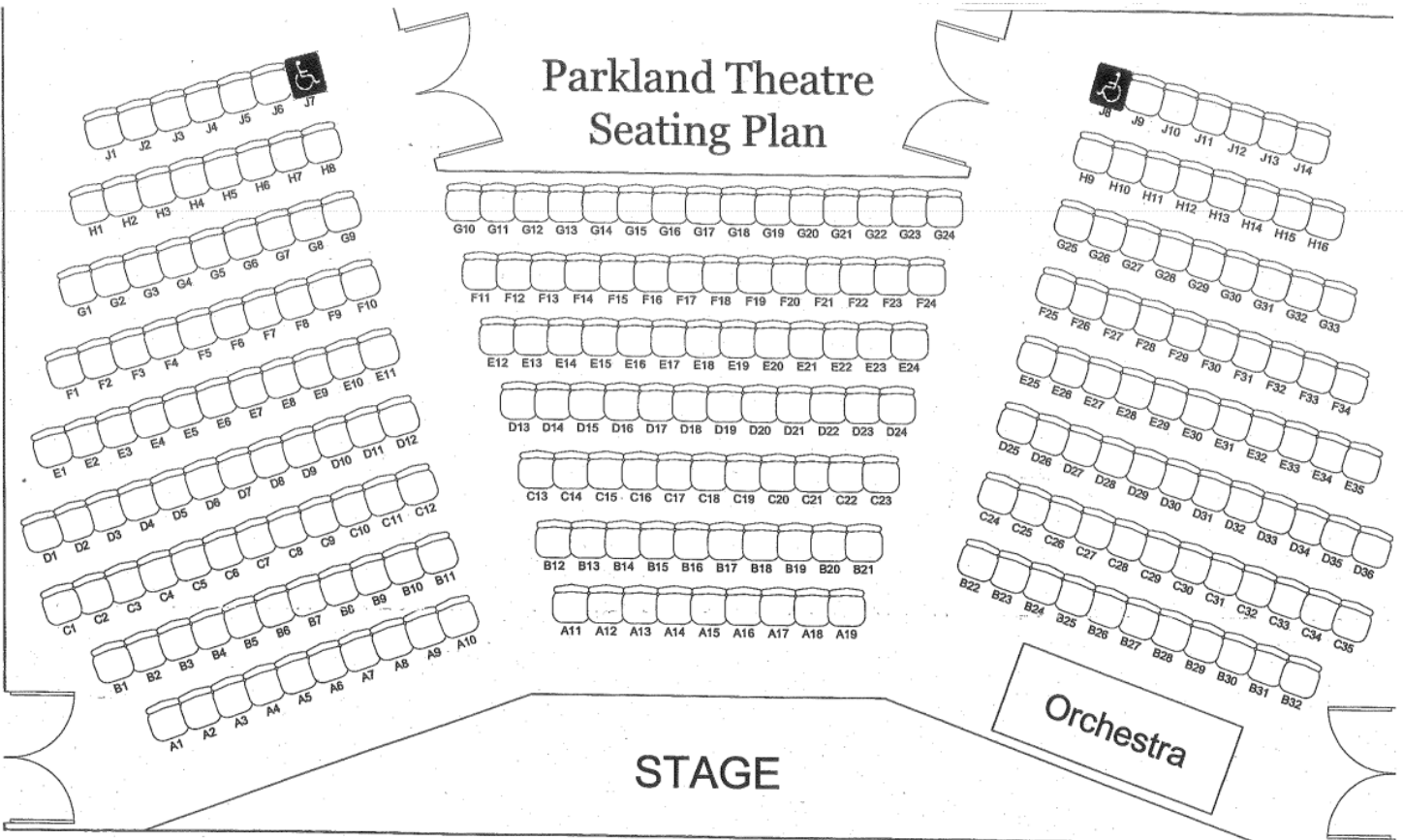
parkland_attendance@saanichschools.ca

Peer tutoring - for math and science is now available on both Wednesdays and Fridays after school in Room 202.

IMPORTANT DATES at a glance !

- **Jan 22** - IB Info Night 7:00pm
- **Jan 26-30** - Semester 1 Assessment Week
- **Feb 2** - First Day of Semester 2 - Term 3 starts
- **Feb 4-7** - Musical Theatre Production (Chicago)
- **Feb 11** - Celebration of Learning night 5:00-7:00pm
- **Feb 12** - Early Dismissal 2:00pm and report cards available after 5:00pm
- **Feb 13** - Non Instructional Day
- **Feb 14-15** - Grad Photo Retakes with Artona by appointment only at Stelly's Secondary
- **Feb 16** - BC Family Day - no school in session
- **Feb 24** - Grade 9 immunizations Blk 1 & 2
- **Mar 6** - Course selection forms due for 2026-27
- **Mar 16-27** - Spring Break Closure
- **Mar 30** - School re-opens
- **Apr 2** - Grad breakfast 7:45am & assembly Blk 1. Grad packages distributed
- **Apr 3-6** - Easter break
- **Apr 20** - Non-Instructional Day
- **Apr 21** - Term 4 starts
- **Apr 23** - Early dismissal 2:00pm and parent / teacher conferences 5-7pm appt only
- **Apr 24** - Report cards available after 5pm on Brightspace
- **Apr 24** - Grad packages and forms due

Parkland Theatre Seating Plan



STAGE

Orchestra