



# PARKLAND SECONDARY SCHOOL

*An Innovative, Inspiring, Inclusive Learning Community*



## Feb 2 - Feb 6, 2026

**NEW:** **Lost and Found** - If you're missing a Lululemon Fanny Pack, earbuds, headphones, or jewelry, please come see Mrs. Spears in the office.

**CHICAGO!** Tickets have been going fast for this incredible production. Come see Mrs. Bennett in the office (Tues - Fri), or you may email her at: [cbennett@saanichschools.ca](mailto:cbennett@saanichschools.ca) Please see the seating map at the end of the newsletter.

**If you have already ordered your tickets please make your payment online and have your student come by the office to pick them up (Tues-Fri).**

Showtimes are: **Feb 4th** (Wed), **Feb 5th** (Thurs), **Feb 6th** (Fri) at 7:00pm and **Feb 7th** (Sat) shows are at 1pm and 6pm. Tickets are \$18 for adults and \$14 for students. The Saturday matinee tickets are all \$14.

Are you interested in joining the **IB program**? Please see these [information slides](#); application forms are available at the front office now and through course selection time. If you have any questions, please see Ms. Stinson or one of the Parkland counsellors. Our next information session will be during the Celebration of Learning evening on **February 12th**.

**NEW:** Are you interested in being part of the **Parkland Sailing Academy** this Spring? This program is open to Parkland & Stelly's students. The season runs April 12 to June 14, 2026, and takes place at the Sidney North Saanich Yacht Club. Practices are twice a week - a weekday after school, and a morning or afternoon session on Sundays.

Please email your expression of interest and any questions to Ms. Caroline Hassett - [chassett@saanichschools.ca](mailto:chassett@saanichschools.ca) You may also register online from the Sailing Academy section on our school website. The deadline is March 1st.

### **Grad Meat Draw Fundraiser!!**

Held at Brentwood Bay Brewskys Taphouse from 2:00-4:00 on:

**February 14th**

**March 14th, still need two parent volunteers**

**April 18th**

**May 23rd, still need two parent volunteers**

Come enjoy the food, atmosphere and support the grads by participating in the meat draw! Please reach out to the front office for contact information.

**Grad breakfast** is on Thursday, **April 2nd**. This event is put on by the parent grad committee and they are looking for parent support. We are looking for donations of food, funding and time to make this event a success. Please reach out to the front office for contact information: [kspears@saanichschools.ca](mailto:kspears@saanichschools.ca)

### **Parkland Secondary School, we still have Grad Sessions available!**

Do you have any students who missed booking an appointment at our Mobile Studio at your school? They still have another opportunity to have their Graduation Photos taken!

We have sessions available at our mobile In the parking lot at **Royal Bay Secondary School until February 1!** Students that are interested in booking may speak to our [Customer Service team](#) to book an appointment.

We have sessions available at our mobile In the parking lot **at Stelly's Secondary School on Feb 14th & Feb 15th!**

Link to location of the mobile: <https://artona.egnyte.com/dl/CfCkvVPmTbGW>

### **Next Steps and Notes:**

- **Students can book online.** Graduating students and parents can book an appointment here: <https://artona.com/schools/PRKL>
- **Financial Aid.** Students that require financial assistance with their Grad Sessions, please do not hesitate to contact Mrs. Spears for more information [kspears@saanichschools.ca](mailto:kspears@saanichschools.ca)

Please let us know if you have any questions! The Artona Team

### **ATHLETICS**

Click [HERE](#) for the Athletics calendar.

**NEW:** Interested in checking out Rugby Sevens? Our first practices will be on Tuesday February 3, 10 and 17 after school in the gym. Come out to learn some skills, meet other players and have some fun! These practices are open to everyone. No experience necessary! You just need active wear, sneakers and a water bottle. Questions? See Ms. Benson in the counselling area.

### **CAREER CENTRE**

**NEW:** Royal Roads University is hosting a **Parents and Supporters Online Info Session on February 12 from 6:00–7:30 pm**. This faculty-guided session is designed to help parents and supporters better understand how to support students as they transition into their first year at RRU. [Click for more info and to register.](#)

**Butchart Gardens Job Fair - February 18, 5:30-7:30pm.** Butchart Gardens is hiring for spring and summer employment in most departments - offering competitive wages! Bring your resume! [Click for more info.](#)

Have an entrepreneurial spirit? Kidovate Victoria 2026 will be held Saturday, **April 11th** at The Victoria Bay Centre! Registered middle school and high school youth receive access to a free table at the market where they can sell goods or services that they make, re-purpose, or re-sell. [Click to learn more and register.](#)

### **Jobs**

Looking for a job? Check out the job posting board by the blue tables or visit:

<https://saanichschools.ca/career-education/> (FYI: website under construction. Scroll down to view jobs)

## COUNSELLING

### **NEW:** Parenting ADHD Children – A Neuro-Affirming Approach

This presentation is designed for parents of school-aged children and focuses on building a deeper understanding of how the ADHD brain works. We will explore how some aspects of ADHD can act as a strength in certain situations, and a challenge in others, helping parents better understand and support their child.

Parents will **learn neurodiversity-affirming communication strategies** to reduce power struggles and strengthen connection. We will also discuss practical ways to support task initiation and task completion, especially for non-preferred tasks, without relying on rewards or consequences.

The session will **highlight concrete, usable strategies**. Parents will leave with tools they can use immediately, greater compassion for their child's nervous system, and a clearer roadmap for supporting their child in a way that builds confidence, autonomy, and success.

**Time & Date:** Wednesday **February 18th**, 6:30 pm - 8:00 pm (On-line)

**Register:** <https://familysmart.ca/online-events/>

Counselling Resources - Click [here](#) for the full list of resources from previous weeks.

### **Post-secondary/Scholarships**

#### **Certified Medical Laboratory Assistant**

**February 10**, 6-7:30pm, Online via Zoom

#### **School of Business**

**February 24**, 6-7:30pm, Interurban, Centre for Business and Access, Room 219

**Crisis Lines** - Anybody can call these to get support (including if you want advice on how to support).

Those listed below are all available 24/7:

Canada Crisis Helpline 988 (call or text)

Crisis Line of Vancouver Island 1-888-494-3888 (call), 250-800-3806 (text)

Kuu-uus Indigenous BC wide Crisis Line 1-800-588-8717 (1-800-KUU-US-17)

Métis Crisis Line 1-833-METIS-BC

Mental Health Support and Information Line 310-6789

Kids Help Phone 1-800-668-6868

## **GENERAL REMINDERS:**

**Lost and found** - There are a number of **valuable** items in the office lost and found to be picked up (headphones, earbuds, glasses, bank cards, jewelry, electronics etc). If you are missing any clothing, water bottles or lunch items, please check the lost and found next to the recycling area in the foyer.

**Student Parking** - Just a reminder that if you are using the student parking lot that you **must** have a student parking form filled out in the office. Students are required to park in the **student lot only** (in the tennis court lot ONLY - not in the numbered staff spaces). If you have changed vehicles, please update your student form in the office.

**Spirit Wear** - We have Parkland hoodies (\$30), t-shirts (\$15) and socks (\$10) available for purchase in the front office (Tues - Fri). You may also send Mrs. Bennett an email to place an order: [cbennett@saanichschools.ca](mailto:cbennett@saanichschools.ca) and the fee may be added to your student account fees, or paid in person (Tues - Fri).

**Cafeteria:** Menu is posted weekly on the bulletin board outside the office.

**Student Absences:** If your student will be absent from school for any period of time, please inform the school by leaving a message on our Absence Line (250) 655 2700 (option 1) or by sending an email to:

[parkland\\_attendance@saanichschools.ca](mailto:parkland_attendance@saanichschools.ca)

**Peer tutoring** - for math and science is now available on both Wednesdays and Fridays after school in Room 202.

### **IMPORTANT DATES at a glance !**

- **Feb 2** - First Day of Semester 2 - Term 3 starts
- **Feb 4-7** - Musical Theatre Production (Chicago)
- **Feb 12** - Celebration of Learning night 5:00-7:00pm
- **Feb 12** - Early Dismissal 2:00pm and report cards available after 5:00pm
- **Feb 13** - Non Instructional Day
- **Feb 14-15** - Grad Photo Retakes with Artona by appointment only at Stelly's Secondary
- **Feb 16** - BC Family Day - no school in session
- **Feb 24** - Grade 9 immunizations Blk 1 & 2
- **Mar 6** - Course selection forms due for 2026-27
- **Mar 16-27** - Spring Break Closure
- **Mar 30** - School re-opens
- **Apr 2** - Grad breakfast 7:45am & assembly Blk 1. Grad packages distributed
- **Apr 3-6** - Easter break
- **Apr 20** - Non-Instructional Day
- **Apr 21** - Term 4 starts
- **Apr 23** - Early dismissal 2:00pm and parent / teacher conferences 5-7pm appt only
- **Apr 24** - Report cards available after 5pm on Brightspace
- **Apr 24** - Grad packages and forms due
- **May 15** - Non-Instructional Day
- **May 18** - STAT - no school in session
- **June 12** - 2026/27 Timetables & Yearbooks are distributed in TAG
- **June 17-19 & 22** - Semester 2 Assessment Days
- **June 23** - Grad
- **June 30** - Report cards available after 5pm on Brightspace